

FAMILY MEDIA PLAN

Screens Are Not Allowed In:

- Bedroom
- Kitchen
- Dining Room

Screens Can't Be Used When:

- Crossing the road
- Meal times
- In bed

While Online We Will:

- Not bully anyone
- Not give out personal information
- Tell someone when we feel unsafe

We Will Not Look At Screens:

- When someone is talking
- At the dining table
- Before school

Without Screens There's More Time For:

- Reading
- Being creative
- Being outdoors

We Will:

- Have 1 screen free day a week
- Not use screens during family time
- Not download apps without permission

Notes

This plan applies equally to Mum, Dad, Rosa and Oscar.
If the plan is breached, the family member must lose all their devices
for 24 hours.

FAMILY MEDIA PLAN

Screens Are Not Allowed In:

Screens Can't Be Used When:

We Will Not Look At Screens:

While Online We Will:

We Will:

Without Screens There's More Time For:

Notes